

# LEG 1 – TREK



## ESTIMATES

<b>Distance</b>	18km	<b>Fastest time</b>	06h00
<b>Ascent</b>	854m	<b>Slowest time</b>	10h00



## LEG NOTES

1. Map 1
2. Note the map corrections from the master map
3. Trek from START to TA1.1 via CP1 and CP1.2
4. Take note of OUT OF BOUNDS section

## TA1.1 NOTES

1. Check in / out with marshall
2. Packraft / paddle bag - take all gear with you – leave nothing at the TA
3. No facilities available. Water from the drums.

## CHECKPOINTS - take photo with whole team at the identified feature in the description and image/s shown.

<b>CP1</b>	<b>Khanti Peak</b>	<b>Photo of team with Trig Beacon 29</b>	
<b>CP1.2</b>	<b>Kanti Peak</b>	<b>Photo of team with trig beacon 23</b>	
<b>TA 1.1</b>	<b>Road Bridge</b>	<b>100m upstream from bridge</b>	

# LEG 2 – PADDLE



## ESTIMATES

<b>Distance</b>	36km	<b>Fastest time</b>	07h00
<b>Ascent</b>		<b>Slowest time</b>	09h00

## LEG NOTES

1. Map 2
2. Paddle from TA1.1 to TA2 – staying within 50m of the river at all times
3. Note the compulsory portage marked on the map
4. MTB Helmets compulsory
5. Dark Zone on river section from 18h35 to 05h45 – no paddling

## TA2 NOTES

1. Check in / out with marshall
2. Bike Boxes / TA Box available
3. Place Bike boxes / TA box / Packraft / paddle bag in the designated areas before checking out
4. Water from the drums
5. Hot water available
6. No shelter – TA is on the veld next to river

## CHECKPOINTS

<b>TA 2</b>	<b>Road Bridge</b>	<b>100m past road bridge on left bank</b>	
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# LEG 3 – MTB



## ESTIMATES

<b>Distance</b>	175km	<b>Fastest time</b>	18h30
<b>Ascent</b>	4,350m	<b>Slowest time</b>	25h00

## LEG NOTES

1. Maps – 3 to 8
2. MTB from TA2 to TA3 – collecting CP's 2 to 11
3. Note the OUT OF BOUNDS sections marked on the maps
4. Ntsikeni Lodge is marked on the map in RED. Mr Dalu Ncgobo at the lodge will have coffee, tea, soup and bread available (R150). You welcome to stop at any time of day / night if you pass that way.

## TA3 NOTES

1. Check in / out with marshall
2. Bike Boxes / TA Box available
3. Place Bike boxes / TA box in the designated areas before checking out
4. MTB Helmets to go with you on Leg 4
5. Ablutions / showers available
6. Water from the taps
7. Hot water available
8. There are log cabins available for sleeping (mattress only). R100 per person if used

**CHECKPOINTS – see attached page**

# LEG 4 – TREK



## ESTIMATES

<b>Distance</b>	54km	<b>Fastest time</b>	24h00
<b>Ascent</b>	2,050m	<b>Slowest time</b>	36h00

## LEG NOTES

1. Maps – 9 to 11
2. Take MTB helmet with you on this leg
3. Trek from TA3 to TA4 – collecting CP's 12 to 15
4. Note the OUT OF BOUNDS sections marked on the maps

## TA4 NOTES

1. Check in / out with marshall
2. Packraft / paddle bag - take all gear with you – leave nothing at the TA
3. Hot water available

**CHECKPOINTS – see attached page**

# LEG 5 – PACKRAFT



## ESTIMATES

<b>Distance</b>	41km	<b>Fastest time</b>	09h30
<b>Ascent</b>	450m	<b>Slowest time</b>	14h00

## LEG NOTES

1. Map 12
2. Trek from TA4 to WP1 via the district road – noting the OUT OF BOUND area marked on the map – do not leave the road until passed WP1 (farm boundary)
3. Trek from WP1 to CP16
4. Paddle or trek from CP16 to CP17 – noting the tree block marked on the map
5. Compulsory portage from CP17 to CP18 – due to tree blocks and fences
6. Paddle or trek from CP18 to CP19
7. Trek from CP19 to CP20 via WP2 (gap in the fence)
8. Paddle from CP20 to CP21 – staying within 50m of river
9. Dark Zone on river section CP20 to CP21 from 18h35 to 05h45 – no paddling
10. There is a path on the right-hand side of the river that you may – this path stays within 50m of the riverbank
11. Take note of Black Murray Rapid marked on the map – get out and view the rapid before proceeding.
12. From CP21 you may take any route you chose to the FINISH – you are not bounded to stay within 50m of the river



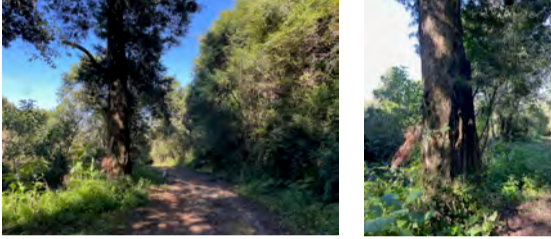







## TA NOTES

1. FINISH

**CHECKPOINTS – see attached page**

# LEG 3 - MTB

At all Checkpoints - take photo with whole team at the identified feature in the description and image/s shown.

CP2	Sign	Photo of team with Sappi Depot EC17 sign	
CP3	Road Junction	Photo of team with yellow sign on tree	
CP4	Tree	Photo next to tree trunk	
CP5	Road junction	Two images: 1. Photo of team with the warning sign 2. Photo of the sign with the VB showing	
CP6	Road Junction	Two images: 1. Photo of team with the rock 2. Photo of rock showing the VB scratch	
CP7	Fence / gate posts	Photo of team with left post	
CP8	Fence / gate	Photo of team with the steps over fence	
CP9	Gate	Two images: 1. Photo of team with the gate 2. Photo of sign showing the VB scratch	
CP10	Kraal	Photo of team with the blue feed drum	
CP11	Gate	Photo of team showing gate and freedom sign	
TA 3	St Bernards Peak Hotel	Log cabins	







# LEG 5 - PACKRAFT

# LEG 4 - TREK

At all Checkpoints - take photo with whole team at the identified feature in the description and image/s shown.

CP16	Concrete Fence post	Photo of team with post	
CP17	Sign - left bank	Photo of team with CP sign	
CP18	Sign - left bank	Photo of team with CP sign	
CP19	Pumphouse - right bank	Photo of team next to pumphouse	
CP20	River bank	Photo with the CP sign	
CP21	Suspension bridge	Photo of team on bridge	
Finish	Khotso	Khotso Lodge	

At all Checkpoints - take photo with whole team at the identified feature in the description and image/s shown.

CP12	St Bernards Peak	Photo of team with the Rock Cairn	
CP13	Tsoelikane Waterfall	Two Photos required: 1. Base of waterfall with falls in background (it wont be iced over) 2. Next to sign at top of waterfall	 
CP14	Arch	Two Photos required: 1. Team under the arch 2. Team next to sign	 
CP15	Lone fence post (Border post)	Photo of team with post	
TA4	Gate	Crystal Waters farm gate	