



GENERAL

- Emergency Contacts:
 - Tweet 083 601 8693 / Sarah 081 018 9948
- Make sure you have read the rules on vasbyter.co.za – No cell phones other than sealed phone, **No contact** with supporters while on route
- All maps are pre-plotted with TA's and CP's. Yellow lines on map are Magnetic North (25.5°W). A few map corrections have been added in RED.
- The maps are from 2013. Not all roads are on the maps and not all roads on the maps are on the ground. Use the contours and rivers!
- Take careful note of OUT OF BOUNDS area on maps (marked purple). Please respect these.
- Check the CP notes for what you are looking for. Take a photo/s of the required item at the CP with ALL your team members in it.
- There will be one **CUT OFF** at TA4 at 01h00 AM, Sunday, 19th March (51hrs). Teams must have departed TA4 before this time. Teams that miss this cut off will be directed onto a short course to ensure all teams are at the finish within 100hrs.
- There are streams where you can fill up from along the route (there is cattle around – so check the water you take from the streams). Water purification is recommended for the rural areas.
- NO LITTER dumps at the TA's. Dispose of your rubbish into your TA / bike boxes.
- You will receive all the race maps at briefing and will have time to review and prepare the maps before the start (approximately 2hrs). Take waterproofing and stationery you deem necessary to prepare the maps. You will be able to hand in the stationery and maps for later legs before the start and we will place these with your TA box.

- Park cars in designated area before leaving for the transfer to the start. Keys can be left in marked box at Khotso reception.
- Be ready to transfer to the start at 17h45 at the designated point.
 - Cell phones will be sealed pre departure. You will be in lock down once on the bus.
 - Only come with your race gear (trek) ready to start.
 - MTB Helmets are compulsory for the whole race – so make sure you have them.
 - There is NO bag drops or place to leave anything after the transfer / briefing.
- The farmers have been very generous allowing us on their land, please respect all the farmland. Leave gates as you found them and if closed, make sure they are securely closed. If you break a fence, mark it on your map and let the next TA marshall know.
- DO NOT LITTER. Ever. Even by mistake. Discreet BK's please
- A finishers dinner will be waiting for you at the finish. Just get there!

VASBYT 100hr - 2023

Leg	Discipline	Estimated Km	Estimated Ascent	Expected fastest time	Expected slowest time	Hot Water	Water for filling	What equipment at end of leg
1	Trek	18	854	6:00	10:00		Waterdrums	Packraft Paddle Bag
2	Paddle	36		7:00	9:00	Yes	Waterdrums	Bike Box / TA Box
3	MTB	175	4,361	18:30	25:00	Yes	Campsite	Bike Box / TA Box
4	Trek	54	2,031	24:00	36:00	Yes	Waterdrums	Packraft Paddle Bag
5	Packraft	41	455	9:30	14:00			
		323	7,701	65:00	94:00			