



General notes – 12hr:

- Make sure you have read the rules on vasbyter.co.za – no GPS watches (even if GPS is disabled), No cellphones other than sealed phone. No contact with supporters while on route
- One map with the whole route will be handed out at 06h30. It is pre-plotted with TA's and CP's. Yellow lines on map are Magnetic North (25.5° W). Plot your route. Waterproof and protect your maps. You only get one.
- Take careful note of OUT OF BOUNDS area on maps (marked purple). Please respect these.
- We have made a few small map corrections. They are in red. The maps are from 2013. Not all roads are on the maps and not all roads on the maps are on the ground. Use contours and rivers!
- Team captain will be issued with a CSA permit at Reg that must be carried at all times. If approached by authorities, please be courteous and present the relevant permit.
- At the start you will need to take your paddle and PFD with you. It will be a 2–3km run to the boats. Take one strap / rope so you can bundle your team paddles and PFD's together at the end of the paddle to hand to the marshall.
- Hand in MTB with handlebars turned parallel to crossbar with strap per bike attached, together with one plastic bag (provided) with whole team's MTB shoes, helmets and shorts ONLY. No food or water in this bag. All MTBs and bag to be marked with team name.
Everything you put in this bag will have to go with you on the MTB leg – you cannot leave anything behind.
- All other clothing, gear, food necessary for the whole race goes with you from the start.
- Drinking water available at TA2 and TA3 in drums. Take water with you from the start for Leg 1. You will find a few streams on Leg 2 and less on Leg 3 (there are cattle around – so check the water you take from the streams)
- Medic will be on hand for any major emergencies. Should UEMS be required for evacuation, this will be for your cost. They are not there for blisters or small cuts. Your first aid kits must handle this.
- Check the leg notes for descriptions of what you are looking for. Take a photo of the required item at the CP with **ALL your team in it.**
- Check in and out with the TA marshall at all TAs. You may be required to show your CP photos.

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- The route has been designed such that certain CPs can be left out on the final leg to enable all teams to get around the route and to the finish in 12 hours. The aim is to keep all teams on the full course, but we may start short coursing if you have not reached TA 3 before 15h00 on Sat.
- NO LITTER and discreet BK's please.
- The farmers have been very generous allowing us on their land, please respect all the farmland. DO NOT LITTER. Livestock die if they eat it. So take care when you are putting food wrappers back in your bag that it can't fall out at a later stage. Make sure you close gates properly. If you break a fence, mark it on your map and let me know ASAP.
- Park cars in designated area before leaving at the start.
- Khotso is preparing a hearty hot meal for when you finish. Please confirm at Reg if you would like to order this. R130pp Vegetarian options available.

VASBYT 12hr - Jan 2021

Leg	Discipline	Estimated Km	Estimated Ascent	Expected fastest time	Expected slowest time
1	Trek	2.5	50	0:20	0:45
	Paddle	6.2		0:50	1:15
2	Trek	12	500	2:00	4:00
3	MTB	36	800	3:00	6:00
		56.7	1350	6:10	12:00

Leg 1 Run / Paddle








- Start will be at Khotso
- Take your paddle and PFD with you from the start
- Take everything you will need for the 12 hours, including trekking clothes & shoes. (Your MTB gear bundle will be at TA 3).
- From the start run to TA1 via WP1
- The Drak Gardens tar road is ‘out of bounds’ for this run – you may only cross the road at WP1
- Collect your boats from TA1 and paddle to TA2 (slipway below Swartberg Bridge)
- Take out at slipway and carry your boat up to the car park area as directed by the marshall
- Bundle your paddle and PFD’s and any wet gear you want to leave together with strap / rope and leave with boat.

Leg 2 – Trek

- From TA2 – Collect CPs 1,2,3 in order and proceed to TA3
- Take careful note of OUT OF BOUNDS area on map – do not run within 100m either side of the out of bounds road
- Check in with marshall at TA3

Leg 3 – MTB

- Take all your gear with you when you leave this TA. Leave nothing behind.
- Check out with the marshall when departing
- From TA3 – Unless otherwise instructed by the marshall, collect CP’s 4,5,6,7 in order and proceed to the finish at Khotso.

WP1	Road bridge	Only cross Drak Gardens tar road here	
TA 1	Confluence	Collect boats	
TA 2	Bridge	Exit at slipway, river left below the first bridge	
CP1	Trig Beacon	Photo of team with the fallen beacon	
CP2	Gate	Photo with team in front of gate	
CP3	Fence	Photo with team and fence where it crossed the river (log at bottom of fence is distinctive)	
TA3	Side of road	Report to Marshall	
CP4	Gate	Photo with team in front of gate	
CP5	Gate	Photo with team in front of gate	
CP6	Trig Beacon	Photo showing the "GL-DE"	
CP7	Suspension bridge	Photo with team on bridge	
Finish	Khotso	Khotso Lodge	



1000 Metres

MAP - 12HR

